

# ENGAGED

*Getting Ready for Marriage*



**FAITH** @Home

# Getting Ready for Marriage

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Congratulations on this wonderful milestone. Few seasons in life are filled with as much joy and anticipation as the time spent preparing to get married.

You have probably heard it said as you plan your wedding, you should not forget to plan your marriage. It sounds so abstract to “plan a marriage” in the midst of the more tangible (and demanding) project of planning a wedding. How do you do it?

## **STEP ONE: Learn From Others**

Research demonstrates the long-term value of making time now for marriage education classes or premarital counseling. Those efforts go even further when you supplement them by spending time with an older married couple whose relationship you admire.

## **STEP TWO: Plan With Patience**

Couples often overlook the importance of using the wedding planning season as practical marriage preparation. You can intentionally set the tone for your marriage by the values you live out in planning your big day. The transformational process of “becoming one” can occur in everything from how you assemble your guest list to how you determine a honeymoon destination.

## **STEP THREE: Discover the Purpose of Marriage**

A wedding is bigger than you as an individual and even bigger than you both as a couple. Ephesians 5 describes a couple laying down their lives for one another and becoming one as an icon of God’s sacrificial love for His church. That is the counter-cultural call of Christian marriage. Read *The Marriage Masterpiece* by Al Janssen in order to discover the beautiful picture God intends every marriage to reflect.

#### **STEP FOUR: Create a Meaningful Event**

To focus on the sacred nature of marriage in the early church, couples often stood during the course of a weekly service to exchange their vows.

Those weddings were a part of the community of faith's worship routine and a public vow within a church body. They do not have anything resembling the grand ceremonies typical of modern weddings, focusing instead on the meaning and purpose of marriage. That is not to say big celebrations are out of order, but many risk making them so complex that they fail to honor God or the community they are uniting both of which are the basis for a strong Christian marriage.

## **GOING FURTHER—Resources**

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***The Marriage Masterpiece*** (by Al Janssen) tells the bigger story of marriage as God created it and as couples can experience it. The Bible opens and closes with a wedding and in between God uses the metaphor of marriage more than any other to describe His relationship with His people. What does that mean for your impending marriage?

***Love and Respect*** (by Dr. Emerson Eggerichs) discusses a powerful Biblical model for each spouse understanding and meeting the other's most deeply felt need.

***Before You Say "I Do"*** (by H. Norman Wright & Wes Roberts) explores how to clarify role expectations, establish a healthy sexual relationship, handle finances, and acquire a solid understanding of how to develop a Biblical relationship.

**CoupleCheckup.com** features the Prepare & Enrich tools for dating and engaged couples who want to establish a strong foundation for marriage.



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